



THE WACA HERALD

WELLINGBOROUGH AFRICAN CARIBBEAN ASSOCIATION Newsletter

JAN/FEB 2015

NEW YEAR NEW BEGINNINGS

Welcome to the New WACA Newsletter, here is the space where we would like to hear your VOICE, your opinions, where you can advertise your information, tell us what you would like and for us to tell you what's is happening at the centre.

A NEW FRESH START...

WACA started 2015 with a FRESH START, with changes to the Centre 's look (still in progression), the introduction of new users of the Centre, a new Centre Manager and more.

2015 has just begun and in 6 weeks the Centre has been a hive of activity! We have had the Prince's Trust come in and refurbish the main areas of the Centre, the Gallery, the bar area and the New Elderly Day Centre.

They have done a **FANTASTIC JOB**, which they should be **PROUD OF!**

The group who worked so hard at WACA were **The Wellingborough 48 Team from the Prince's Trust Group** based at Tresham College.

From this project , WACA has been asked to enlist Malachi Fredrick to do his work experience with us. We look forward to having them on board and a **BIG THANK YOU GOES OUT TO THE WELLINGBOROUGH 48 PRINCE'S TRUST TEAM.**

SEE PICTURES BELOW. Before/After:

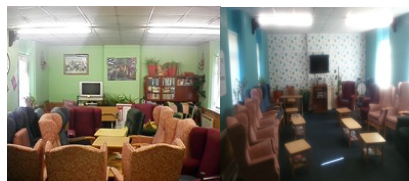
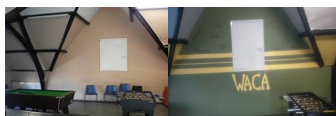


The Wellingborough Team 48 from Prince's Trust who refurbished 3 areas of the centre. Raised the funds and did all of the work on a Voluntary basis!

A BIG THANKS FROM ALL AT WACA!

In This Issue

- NEW YEAR NEW BEGINNING'S
- INSPIRATION CORNER
- LET'S GET PHYSICAL!



Prince's Trust Project. L to R Bar, Gallery and Elderly Day Centre



The only way to BE INSPIRED is to INSPIRE!

Inspiration Corner....

Come and INSPIRE and BE INSPIRED...

Hello everyone! This is the place where our creative flair, reason and rhyme can be shared...

The only way to be inspired is to inspire...

Only that which is broken can be built up...

Do not despair of brokenness...
It often shows true humility...

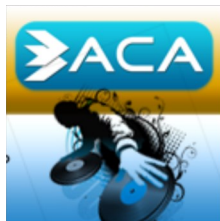
The extent of the depths to which you have fallen may only signify the magnitude of the heights to which you could attain...

Inhale, Exhale now Soar....

Come and let us INSPIRE...

WACA IS ON FACEBOOK— WboroWaca

LOOK, LIKE POST & SHARE.....



“LEADERSHIP IS ACTION, NOT POSITION”

-Donald H. McGannon

if you don't know him check him out

How would you like to volunteer?

W.A.C.A needs various volunteers for the Centre outreach programme. If you have time to spare and would like support our volunteer team. Call 01933 222 095

New Centre Manager/ Community Organiser

L.cole-waca@btconnect.com

Some may know and others may not know, that WACA has a new Centre manager!

Let me introduce myself my name is Laura Cole and I formerly worked for Locality one of the main Government funded organisations, who support local people to move from apathy to action.

After a year's training as a Community organiser and having volunteered at WACA during that time, I chose to work at WACA for my Progression Year. I'm originally from Brixton, South West London and now live in Wellingborough with my family.

My aspiration for this role, is to work with a Spirit of Excellence for the Association, it's member's and the Community. I am based at the centre but work alongside the Constituted group Community One based in Queensway who I worked with and helped to form in my year of training.

Please contact me on 01933 222 095
To arrange to have a chat :)



1. left antennae 2. left pedicle 3. top left blade of grass 4. ant's antennae 5. right bottom rain drop

Let's get PHYSICAL

With the New Year WACA has started a Wellbeing fitness programme for the community. There is something for all ages and fitness abilities.

And we have been having FUN!
**COME AND DANCE YOURSELF
FIT..**



DANCE FITNESS FOR TEENS+

MONDAY 'S & WEDNESDAY 'S
7.30 — 8.30 PM

£3.00 PER CLASS OR £6.00
FOR 2 CLASSES

- CHILDREN'S DANCE CLASSES — MONDAY & WEDNESDAY 'S
- 6.30 PM - 7.15 PM
- £3.00 PER CLASS
- CHAIR AEROBICS WITH GARFIELD
- @ SASSOON MEWS OFF SHELLEY ROAD
- TUESDAY'S 11.30 - 12.30

PLEASE CONTACT THE CENTRE ON 01933222095 FOR FURTHER DETAILS



Dance Fitness Collage by Georgina Davis from the WACA Children's Dance Class

WHAT'S ON..

ALDERWOOD AUSTIC GROUP - MONDAY - FRIDAY 9.00— 5.00 PM (Attendance by Alderwood's referral) THURSDAYS 12 — 8 PM

Emmanuel Ministries Youth Night: LAST Thursday of the Month 6pm — 8.30pm

Elderly Day Care: Tuesday, Wednesday and Thursday 9.30 — 3 pm

Dance Fitness: (Teens up) 7.30 pm—8.30 pm

Children's Dance Class: Age 3 + 6.30 pm —7.15 pm

WACA Saturday Supplementary School: TERM TIME 10 am—1 pm Main Hall

The HIVE Youth Club: Saturday's 1 pm - 4 pm

Back On Track Job Club — Saturday 10—12 pm

WACA Women's Group: 1st Friday of the Month 8 pm — 10 pm

WACA Social Night: Friday 7 pm to 12.30 am

Church Service: The Well / NTCG—Sunday 10.30 am — 1 pm

Night prayer : Adonai Salvation Ministries—10—1 am 2ND & 4TH THURS

Upcoming Events

Dates of the activities that the centre groups and partners are involved in...

WACA Volunteer Spring Clean Campaign 14th & 17th March TBC

Saturday Supplementary School performance @ The Castle 2nd March Rehearsals / 3rd March 15 Full Performance

WACA Women's International Day 14th March 15

Elderly Day Care: Eastbourne Trip 16th / 19th Oct 15 cost £155

Dominio Club 2015 Fixtures:

*H; 30th May Sheffield / *A: 21st March Coventry / H: 6th June Coventry
A: 20th June Sheffield / H: 25th July Wolverhampton & London A: 29th August Wolverhampton / H: 8th August Huddersfield / A: 26th September Huddersfield 12th September Bradford / 31st October Bradford

Easter Dance: 4th April TBC

WACA Women's Fun day—25th July 15 All day Activities and more.

Activity Mornings for parents of children who attend Wellingborough schools: On Friday mornings 9.30 / 11.30 (date TBC). In partnership with FREEMANS, SCHOOL PARK SCHOOL, THE AVENUE, SIR CHRISTOPHER HATTON & ST BARNABAS SCHOOL.

* H: Home A: Away

FOR ALL DETAILS AND OTHER EVENTS PLEASE CONTACT 019332222095

Other News:

Elderly Day Care Eastbourne trip to 16th—19th Oct 15

30th Jan 15 Council News: Wellingborough Council have been in discussions to convert Sheep street Multistorey Car Park, into a Cinema & Restaurant Complex.. Great just add the Roller Skating Rink for the community as well??

WACA & Talent Match Mayday Trust: We are working together to develop programmes for the Youth of our community and for the Trust to use the facilities at WACA.



We now are a Daylight Centre Drop off Point. All non perishable foods can be put in the Food Bank Bin placed in the Centre's reception area. All foods are collected to help families, students and the homeless. Thank you.

Coming Soon:

WACA YOUTH Soccer Club with Samson / Term Time FREE Breakfast Club FOOD 4 THOUGHT

1st Thursday of every month FISH N CHIP BINGO NIGHT @ SASOON MEWS COMMUNITY CENTRE 7.30 PM

Contact Us

Give us a call for more information about our services

Wellingborough African Caribbean Association
27—20 Rock Street Complex Rock Street, Wellingborough NN8 4LW

01933222095

wacacentre@btconnect.com

Visit us on the web at
www.wacacentre.com